



CLASS SCHEDULE

for more information

Phone: 623-561-KICK (5425)

Web: www.keenesata.com

	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
Beginner Tigers New Students (3½ - 7 yrs old)	4:00 PM to 4:25 PM S	4:00 PM to 4:25 PM S	4:00 PM to 4:25 PM S	4:00 PM to 4:25 PM S	No Class	No Class
Basic Tigers White / Orange / Yellow Belts	No Class	4:00 PM to 4:30 PM B	4:00 PM to 4:30 PM B	4:00 PM to 4:30 PM B	No Class	9:00 AM to 9:30 AM S
Advanced Tigers Camo - Red Belts	No Class	4:30 PM to 5:10 PM S	4:30 PM to 5:10 PM S	4:30 PM to 5:10 PM S	No Class	9:35 AM to 10:15 AM S
Junior Beginners New Students (7 - 12 yrs old)	4:30 PM to 5:00 PM S	4:35 PM to 5:05 PM B	4:35 PM to 5:05 PM B	4:35 PM to 5:05 PM B	No Class	11:00 AM to 11:30 AM B
Junior Basic White / Orange / Yellow Belts	5:05 PM to 5:45 PM S	No Class	5:15 PM to 5:55 PM S	5:15 PM to 5:55 PM S	No Class	11:00 AM to 11:40 AM S
Junior W/O/Y Belts Black Belt Club	4:00 PM to 4:50 PM B	No Class	5:10 PM to 6:10 PM B	6:00 PM to 6:55 PM S	4:00 PM to 4:50 PM B	11:45 AM to 12:35 PM S
Junior Camo - Red Belts Black Belt Club	5:50 PM to 6:40 PM S	5:15 PM to 6:00 PM S	5:50 PM to 6:50 PM B	6:00 PM to 6:55 PM B	No Class	No Class
Junior Camo - Red Belts Master Club Only	5:50 PM to 6:40 PM B	5:10 PM to 6:00 PM B	6:50 PM to 7:50 PM S	6:55 PM to 7:50 PM S	4:55 PM to 5:45 PM S	No Class
Junior 1° Rec. & Higher Black Belts	6:45 PM to 7:30 PM B	1° Rec. Only 6:55 PM to 8:05 PM B	5:50 PM to 6:50 PM S	6:40 PM to 7:30 PM B	4:00 PM to 4:50 PM S	No Class
Junior & Adult Sparring & Board Break Classes W/O/Y Belts & Camo - Black Belts Black Belt & Master Clubs	Junior W/O/Y Sparring 4:55 PM to 5:45 PM B	Junior Camo - Black Sparring 6:00 PM to 6:50 PM SB	Adult All Ranks Sparring 6:55 PM to 7:50 PM SB	No Class	Junior W/O/Y Sparring 4:55 PM to 5:45 PM B	Adult All Ranks Sparring 10:00 AM to 10:55 AM SB
					Junior Camo - Black Sparring 5:50 PM to 6:40 PM SB	Junior & Adult Camo - Red Board Break 11:35 AM to 12:35 PM B
Junior & Adult Leader Classes Leadership Members Only	Leadership 6:45 PM to 7:30 PM S	No Class	No Class	Jr. Leadership 5:10 PM to 5:55 PM B	No Class	No Class
Junior & Adult Competition & Weapons Black Belt & Master Clubs	Competition 7:35 PM to 8:15 PM B	No Class	No Class	No Class	No Class	No Class
Adult W/O/Y Belts (12+ yrs old) Black Belt Club	7:35 PM to 8:15 PM S	6:55 PM to 8:05 PM S	No Class	6:55 PM to 8:05 PM S	No Class	9:00 AM to 9:55 AM B
Adult Camo - Red Belts Master Club Only	8:20 PM to 9:00 PM S	7:35 PM to 9:00 PM S	7:55 PM to 9:00 PM S	7:35 PM to 9:00 PM S	No Class	
Adult 1° Rec. & Higher Black Belts	8:20 PM to 9:00 PM B	1° Rec. Only 6:55 PM to 8:05 PM B 1° Dec & UP 7:35 PM to 9:00 PM B	7:55 PM to 9:00 PM B	7:35 PM to 9:00 PM B	No Class	No Class
Warrior X-Fit Kickboxing Exercise Class	10:00 AM to 10:50 AM	7:35 PM to 8:05 PM	10:00 AM to 10:50 AM	7:35 PM to 8:05 PM	10:00 AM to 10:50 AM	No Class

- Ⓢ = BLACK BELT CLUB, MC = MASTER CLUB, S = SMALL W/O FLOOR, B = BIG W/O FLOOR, SB = BOTH W/O FLOORS
- Ⓢ THIS SCHEDULE IS TEMPORARY AND IS SUBJECT TO CHANGE AT ANY TIME
- Ⓢ THIS SCHEDULE IS EFFECTIVE **DECEMBER 12, 2016**